

Protecting the kaupapa of the discussion

Before starting a group/class discussion, some may like to share a whakatauki or karakia to protect the kaupapa*.

This whakatauki will suit many contexts:

E hara taku toa i te toa takitahi, he toa takitini;
My strength is not as an individual, but as a collective.

Meeting Karakia

Kia tau te rangimarie
i roto i tenei hui
Ō tatou i tenei wā

That peace be in this meeting and with us for this time together

At the end of a discussion, a karakia or waiata signals a shift onto the next thing.

Some suggestions:

Karakia Whakamutunga

Ka whakairia te tapu
Kia watea ai te ara
Kia tūruki whakataha ai
Kia tūruki whakataha ai
Hui e Tāiki e

*Restrictions are moved aside
So the pathway is clear
To return to everyday activities
Enriched and unified*



Tūtawa mai i raro
Tūtawa mai i roto
Tūtawa mai i waho
Kia tau ai te mauri tū,
te mauri ora ki te katoa
Hāumi e, hui e, tāiki e



I summon from above,
...below
...within
and the surrounding
environment
The universal vitality and
energy to infuse
and enrich all present
Unified, connected and
blessed

(Nā Scottie & Stacey
Morrison i takoha mai)

*From [Te Ara - Encyclopaedia of New Zealand](#): Kaupapa means principles and ideas which act as a base or foundation for action. A kaupapa is a set of values, principles and plans which people have agreed on as a foundation for their actions.